## SAS Student Networking Meeting



14 August 2023 | Guest Speaker: Tanya Koens

Our August presenter, **Tanya Koens** (she/her), probably needs no introduction to the SAS student body! A pleasure activist, coach and healer, Tanya is passionate about helping people to talk about and engage with their sexuality and their relationships. Having trained under some of the best sex and relationship educators in the world, Tanya is undeniably a sex geek and has many modalities to draw on.

Bringing almost 20 years of experience as a clinical counsellor and somatic coaching expertise, Tanya helps people with relationship and

sexual issues; trauma; sex coaching; erotic awakening and engagement; embodiment; self-esteem and anxiety.

Tanya runs an inclusive practice where all are welcomed and respected. She is easy to talk to and provides a safe and non-judgmental space for therapeutic work.

She has a background in trauma having worked as a sexual assault counsellor for NSW Rape Crisis Centre and in relationships after working as a Family and Relationships Counsellor for Relationships Australia.

Tanya runs her own counselling practice and along with an interest in researching she is a passionate workshop presenter, lectures on sexual health, relationships and sex therapy, is a supervisor for counsellors and sexologists and writes for ABC Life and other publications, is a regular on Triple J's *The Hook Up*, has her own segment and podcast on FBI Radio (*Let's Talk About Sex*) and appears on Channel 10 and Radio National. Tanya has a wealth of knowledge she will be sharing with us, including some conversation about consent. Not to be missed!

